

Kidz Bites Lyrics

VEGETABLE RAP

Chorus:

Why are vegetables so good?
We know that they're the best of all the foods
Other food gets jealous and wishes it could
Be as good as it could if it was a VEGETABLE

Verse 1:

I wanna eat you green leafies
'Cause you oxygenate my blood
Without your chlorophyll I'd feel horrible
Until I get my fill of green love

Verse 2:

I wanna eat you root veggies
'Cause you're fibrous and sweet
In the ground you're found where minerals abound
You're nourishing and hearty

Chorus:

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Verse 3:

I wanna eat you stalks and flowers
'Cause your buds are my buds too
You protect my cells and you keep me well
With your phytonutrient crew

Verse 4:

I wanna eat you podded pretties
'Cause of the protein you contain
Amino acid class builds my muscle mass
The lasting energy is so great

Verse 5:

I wanna eat you healthy herbs
'Cause you spice up my life
You bring the balance back and when bad bugs attack
No baddies can survive

Chorus x2:

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VEGETABLE

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I love my VEGETABLE

VEGETABLE

